Dear Parents,

I hope you’re hearing very positive feedback from your children as they settle into their learning for the term. The positive remarks I hear on the playground and as I visit classrooms certainly brings a smile to my face. The students have been particularly vocal about their ‘new’ school! The renovated classrooms have given us all a huge lift and generated much excitement. I will include some photos in the newsletter next week once the autex is installed on classroom walls. This has started today. It is our hope that the classrooms will be blessed by Fr John during Catholic Schools Week later this term (Week 7).

2015 Student Leadership Team

Congratulations to our Year 6 students who were elected last year to the Student Leadership Team for 2015. Our School Captains are Maeve H and Jake B. The Student Representative Council (SRC) members include Emma T, Timothy N, William T and Declan H. The Sports Captains are as follows: MacKillop Lilly R and Samuel O’K; Lourdes Olivia L C and Wyatt W; Tenison Skye F and Ezekiel D; and Clairvaux Bonnie B and Alexander C. These students will receive their leadership badges and be acknowledged formally at our Opening School Mass on Friday 20 February at 9.15am in the church. Please note this change of date. All families are most welcome to attend.

Staff Professional Development Day - Pupil Free Day next Monday

Staff from our three Catholic schools will combine next Monday for a professional learning day at Carroll College. This day will be facilitated by Ralph Pirozzo, founder and Managing Director of Promoting Learning International. He is the founder/president of Peninsula Enrichment Program Inc. and has received multiple honours and awards for his work as an educator. The day will focus on differentiating the curriculum to meet the needs of a mixed-ability classroom. It will be an enjoyable day working with colleagues from St Mary’s and Carroll College.

Curriculum Notes

I hope you’ve had the opportunity to read the Curriculum Notes that went home on Tuesday. These notes provide information about the explicit teaching and learning planned for the term. It is helpful to discuss this content with your children to assist them to make connections with their learning.

NSW K–12 Syllabuses for the Australian Curriculum

As you may well be aware, the Board of Studies has developed new NSW K–10 syllabuses for English, Mathematics, Science (including Science and Technology K–6) and History incorporating Australian curriculum. This year, we are introducing the History syllabus. This syllabus will be taught for one term in each grade this year. More information will be highlighted in Curriculum Notes throughout the year.

Combined Catholic Schools Ball

Tickets are now on sale from the school office. Alternatively, contact Megan Usher, Rebecca Henderson or Jeni McCarthy for details. It’s a great night not to be missed! Please support our K-12 schools and enjoy a great night out with friends!

Jacqueline Heffernan
Principal

Enjoy a happy and restful weekend.
Dear Parents and Carers

In our staff prayer last week we focussed on images of Jesus. For centuries artists have created an incredible range of works that portray their interpretation of Jesus.

Using the words from the Jesse Manibusan song, ‘Open My Eyes Lord’, we reflected on how to see Jesus every day in the people we meet.

The ‘Making Jesus Real’ program which is used in schools across Australia supports and challenges students (and adults) ‘to become responsible for their own growth as a person’ and recognise that Jesus is in each of us.

‘These are called ‘Growth Moments’.

One can only grow as a person when there is a realisation of the need to improve.

Students are asked to see where they can grow as a person by answering some deep questions about themselves that they probably haven't been asked before.

The program is designed to elicit responses that endeavour to challenge behaviours and attitudes both in the classroom and at home.’

Important life skills that focus on developing positive attitudes and acceptance of ourselves and others are reinforced. These skills are important in setting students up to deal with peer pressure, bullying and recognising their worth.

‘Part of coming to school is to learn to get on with people, particularly children you don't like and you have to sit near them or work with them in a group. You grow as a person. You will be a better person if you can be patient, understanding and tolerant of them. They may find you hard work too.’
Michael Jones Wagga Diocese notes from Peter Mitchell’s Making Jesus Real Program

We can all work together to ‘Make Jesus Real’ in the simplest of ways with a smile and a greeting. In Sunday’s Gospel we see an example of Jesus making time to engage with a sick woman;

Upon leaving the synagogue, Jesus entered Simon and Andrew’s house with James and John. Simon’s mother in-law lay ill with a fever, and they told Jesus about her immediately. Jesus went over to her, took her by the hand and helped her up, and the fever left her. Then she went about her work.
(Mark 1: 29 – 39)

‘Notice how Jesus heals Simon’s mother-in-law in this reading. He heals her with touch. Often, people who are on the margins of society because of illness or disability don’t get touched by others very often. Consider who you might heal with touch this week. We may not be able to physically heal people like Jesus did, but our love and prayers can go a long way in helping the sick to feel better.’

Simply noticing another person and smiling can be transformative in lifting spirits. Some time ago I went to Timor and lived in small isolated communities. Every day I could not help but feel uplifted (despite the challenging living conditions) because every person I met from the smallest child to the village chief met me with a big smile and cheery greeting.

May the blessings of each day
Be the blessings you need most

Helene Boller
Religious Education Coordinator
Dear Friends,

The Lenten season is soon to begin – Ash Wednesday is 18 February 2015.

As we return to our normal routines, let us prepare in our various communities for this season that recalls our Baptism and stresses its penitential dimension. It is a time of conversion as we prepare for the saving events of our salvation at Easter.

Pope Francis, in his Lenten message for this year, [http://w2.vatican.va/content/francesco/en/messages/lent/documents/papa-francesco_20141004_messaggio-quaresima2015.html](http://w2.vatican.va/content/francesco/en/messages/lent/documents/papa-francesco_20141004_messaggio-quaresima2015.html), highlights that Lent is a time of conversion against globalised indifference to those who suffer.

The Pope writes: “Indifference to our neighbour and to God also represents a real temptation for us Christians. Each year during Lent we need to hear once more the voice of the prophets who cry out and trouble our conscience.”

Could I ask all in the Archdiocese of Canberra and Goulburn to prepare now to enter into this penitential season. I attach information regarding the Lenten requirements. Could I also encourage Project Compassion (Caritas) as a pre-eminent way to respond practically to those who suffer. Having recently returned from Beirut, Lebanon, I have seen first-hand the wonderful practical ways that Caritas helps those who are so fragile in our troubled world.

May God bless you, your families, parishes and communities during 2015.

Archbishop Christopher Prowse
Catholic Archbishop of Canberra and Goulburn

LENT 2015

109. The Lenten season has a twofold character:
1) It recalls baptism or prepares for it;
2) It stresses a penitential spirit.

By these means especially, Lent readies the faithful for celebrating the paschal mystery after a period of closer attention to the Word of God, and more ardent prayer. In the liturgy itself and in the liturgy centred instructions, these baptismal and penitential themes should be more pronounced. Hence:

a) Wider use is to be made of baptismal features proper to the Lenten liturgy…
b) The same approach holds for penitential elements…

110. During Lent, penance should not be only internal and individual but also external and social…

In any event, let the paschal fast be kept sacred. It should be observed everywhere on Good Friday and, where possible prolonged throughout Holy Saturday, so that the joys of the Sunday of the resurrection may be visited on uplifted and responsive spirits.

Constitution on the Sacred Liturgy, Vatican II

Ash Wednesday and Good Friday are days of Fasting and Abstinence from meat.

On all other Fridays, except solemnities, the law of the common practice of penance is fulfilled by performing any one of the following:

a) Prayer - for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary; or in any other ways.
b) Self-Denial - for example, not eating meat, not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one’s own country or elsewhere; or in other ways. Project Compassion is a ‘major’ means of expressing our self-denial in Australia.
c) Helping Others - for example, special attention to someone who is poor, sick, elderly, lonely or over-burdened; or in other ways.

- All who have completed the eighteenth year and have not yet begun their sixtieth year are bound to fast.
- All who have completed their fourteenth year are bound to abstain (Canon 1252).
- The Season of Lent is a time of penance. During this season the faithful are exhorted to devote themselves in a special manner to prayer, to engage in works of piety and charity, and to deny themselves.
Ash Wednesday and Good Friday are days of Fasting and Abstinence from meat. Each of the faithful is obliged to receive Holy Communion at least once a year. This precept must be fulfilled between Ash Wednesday, 18 February and Trinity Sunday, 31 May 2015 unless for a good reason it is fulfilled at another time during the year.
- The wonderful gift of the Lord's merciful love is offered in a special way in the Sacrament of Reconciliation. Lent is a most appropriate time to receive this Sacrament.
All the faithful who have reached the age of discretion are bound faithfully to confess their grave sins at least once a year.

**HOLY WEEK** - The 2015 Ordo contains instructions for the Rites of Holy Week.

**FUNERALS** - On Holy Thursday, Good Friday and Holy Saturday all Masses for the Dead, including Funeral Masses are forbidden. Funerals on those days are celebrated with the Liturgy of the Word and without the Eucharistic Sacrifice.

**WEDDINGS** - Weddings should be discouraged during the Easter Triduum: Holy Thursday, Good Friday, Holy Saturday. Should a couple be particularly insistent on a wedding for one of these days, then please indicate that no decorations (including flowers), no music or Nuptial Mass will be permitted.

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Healthy Harold

Next Tuesday 10 February the Life Education Van will be here! Life Education is a non profit organisation that relies heavily on fundraising within the community. As part of the program, the students have an opportunity to purchase some Healthy Harold products. The proceeds from these products support Life Education in the local area. A note has been sent home today outlining the products that are available. Please fill in the note and send it back to the office with the correct money if you would like to purchase a Healthy Harold product. There is also an opportunity for parents to find out more about Life Education. Sienna McBride, the Life Education educator, welcomes all parents to come and visit the van on Thursday 12 February between 9am - 9.30am. This is an opportunity for you to see what the program is all about!

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Band

Mr Barny Barnbrook teaches Concert Band each Tuesday. Positions are available for flute and percussion players from Grade 3, Clarinets from Grade 4 and Brass for Grade 5 and Grade 6. As you know this is an inclusive program for all students though to Year 12. Please contact me if you are interested. My email is: barnbrooks@optusnet.com.au or phone 4471 3115. A permission note went out this week but please contact the office if you did not receive one.

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School Calendar

Don’t forget to check the St Bernard’s Website for our updated school calendar as some dates have been added or changed. As the calendar is updated, the date of change is displayed. For example Term 1 Calendar (Updated 4 February 2015)
http://stbernardsbb.nsw.edu.au

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**REMEMBER - PUPIL FREE DAY MONDAY 9 FEBRUARY**
**Numeracy Hint**

**Enjoying numbers**

Here are some tips for helping your child with numeracy:

- Have a number hunt as you drive. Each child looks for numbers on signs and houses and adds them as you travel. The older children add the numbers as they go and try to be the first to reach 100.

- Try tipping up a container of toys onto the floor and ask how many there are of certain toys. For example, there might be 6 cars, 4 yellow blocks, 3 red blocks and 1 little bear.


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**St Bernard’s School App**

Have you downloaded the St Bernard’s School App? It will provide you with upcoming events, the latest newsletters and school reminders. To download it simply go to the App store and search for ‘St Bernard’s Primary School’. This is another mode of technology you can access to find out current information. If you have any questions please don’t hesitate to come and see me.

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**App of the Week**

- Spelling Games Lite
- Reading Eggs Spelling
- Free
- Ages 6-12

Reading Eggs Spelling will help your child’s confidence with spelling, expanding their vocabulary and developing their literacy skills. This is the lite version. The full version is $2.99 with different levels.

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**Book Fair**

Our first Book Fair for 2015 is coming soon!! In Week 5 the students will be able to purchase books from Wednesday 25 - Friday 27 February. The Book Fair will be open before school from 8.15am until the morning bell, lunchtime and after school until 4pm. The Book Fair is a great opportunity for you to purchase some new books for you and your child/ren to enjoy together. All proceeds from the Book Fair are used to purchase some new and exciting resources for the iCentre.

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**Swimming Carnival**

Details and results from today’s swimming Carnival will be in next week’s newsletter. Enjoy a relaxing weekend,

Megan Grant

PE Teacher/Sports Coordinator
**2015 Individual Sports Trials**

Below is the list of events and information for the Individual Sports Trials for 2015. These trials are open to Stage 3 students only. It is important to note that transportation to and from these events are to be made by Parents. These sports trials can be quite competitive; therefore it is recommended that only students who train and play at a high level submit a nomination. Any representative experience will be an advantage. If you or your child is interested in attending these events, please contact me at school or via email: megan.grant@cg.catholic.edu.au for a nomination form.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>DATE OF EVENT</th>
<th>VENUE</th>
<th>Nominations Close</th>
<th>COST</th>
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</thead>
<tbody>
<tr>
<td>BASKETBALL TRIALS</td>
<td>Friday 13 February</td>
<td>Young Sports Stadium</td>
<td>Friday 6 February</td>
<td>$15.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Lachlan St Young</td>
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<tr>
<td>CRICKET TRIALS</td>
<td>Friday 13 February</td>
<td>Keith Cullen Oval</td>
<td>Friday 8 February</td>
<td>$15.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Briggs St Young</td>
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<tr>
<td>TENNIS TRIALS</td>
<td>Monday 16 February</td>
<td>Young Tennis Club</td>
<td>Friday 6 February</td>
<td>$15.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Lachlan Street Young</td>
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<tr>
<td>AFL TRIALS</td>
<td>Wednesday 25 February</td>
<td>Thomas Dalton Park</td>
<td>Monday 16 February</td>
<td>$15.00</td>
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<td></td>
<td>10am-2.30pm</td>
<td>South Wollongong</td>
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<td>OPEN RUGBY LEAGUE</td>
<td>Monday 9 March</td>
<td>Wright Park</td>
<td>Monday 2 March</td>
<td>$15.00</td>
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<tr>
<td></td>
<td>10am-2pm</td>
<td>Canwoola St Queanbeyan</td>
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<tr>
<td>11 YEARS RUGBY LEAGUE</td>
<td>Monday 9 March</td>
<td>Wright Park</td>
<td>Monday 2 March</td>
<td>$10.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Canwoola St Queanbeyan</td>
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<tr>
<td>BOYS FOOTBALL</td>
<td>Monday 9 March</td>
<td>High Street</td>
<td>Monday 2 March</td>
<td>$15.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Queanbeyan</td>
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<tr>
<td>GIRLS FOOTBALL</td>
<td>Monday 9 March</td>
<td>High Street</td>
<td>Monday 2 March</td>
<td>$15.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Queanbeyan</td>
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<tr>
<td>BOYS HOCKEY</td>
<td>Monday 9 March</td>
<td>Individual Entry</td>
<td>Monday 2 March</td>
<td>$15.00</td>
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<tr>
<td>GIRLS HOCKEY</td>
<td>Monday 9 March</td>
<td>Individual Entry</td>
<td>Monday 2 March</td>
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<td>10am-2pm</td>
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<tr>
<td>NETBALL</td>
<td>Monday 31 March</td>
<td>Steve Maugher Netball Courts</td>
<td>Monday 2 March</td>
<td>$15.00</td>
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<td></td>
<td>10am-2pm</td>
<td>Thorton Rd, Candlebark Rd Queanbeyan</td>
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**EVENT and DATE**

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<tr>
<th>VENUE</th>
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<th>COST</th>
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<tr>
<td>Open boys Touch trials</td>
<td>Nicholson Park, Coot-</td>
<td>Thursday 2 April</td>
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<tr>
<td>Wednesday 29 April</td>
<td>amundra</td>
<td>10am–2pm</td>
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<tr>
<td>Open girls Touch trials</td>
<td>Nicholson Park, Coot-</td>
<td>Wednesday 2 April</td>
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<tr>
<td>Thursday 29 April</td>
<td>amundra</td>
<td>10am–2pm</td>
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<tr>
<td>Primary Open Boys</td>
<td>Walker Park, Merri-</td>
<td>18 May</td>
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<td>Rugby Union trials</td>
<td>ment Drive, Yass</td>
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<tr>
<td>Mon 1 June</td>
<td>10am–2pm</td>
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SCHOOL BANKING

Congratulations to the following students who received rewards for the 2013/2014 student banking program: Anjelica W. (4M), Janaki C. (5M), Charlotte W. (1V) and Marley C. (1V). These were on backorder from last year.

2015 Outer Space Savers Rewards

We're excited to launch the new reward items for 2015 from our Outer Space Savers range.

- ET DVD and Planet Handball, released Term 1
- Invisible Ink Martian Pen and Intergalactic Rocket, released Term 2
- Glow-in-the-Dark Solar System and Cosmic Light Beam Torch, released Term 3
- Outer Space Savers Money Box and Lunar Light Band, released Term 4.

In a School Banking first, we're launching a new competition for one lucky School Banker to win a family trip to Disneyland, California. This is an exciting reward to be won by one of our Super School Savers. Students who make a minimum of 25 deposits in 2015 through School Banking will be automatically entered into the draw. This is a great way to motivate students during the whole year to stay on their savings journey and reach their savings goals. View full terms and conditions at commbank.com.au/grandprize

ST BERNARD'S OOSH offers quality after School Care until 6.00pm Monday – Friday in term time and a holiday program from 8.00am to 6.00pm Monday – Friday during school holidays. Call Natalie on 0448 137 753
Email: st.bernards-oosh@live.com.au

PLEASE NOTE, OOSH WILL BE OFFERING CARE FROM 8.00AM TO 6.00PM ON THE PUPIL FREE DAY ON MONDAY 9 FEBRUARY 2015 (WEEK 3). SHOULD YOU WISH TO TAKE ADVANTAGE OF THIS, PLEASE PICK UP AN ENROLMENT FORM FROM THE SCHOOL OFFICE OR PHONE NATALIE OR NICOLE ON THE PHONE NUMBER ABOVE.

AFTER SCHOOL SURFING FOR KIDS PRESENTED BY BROULEE SURF SCHOOL

Mondays 4.00pm - 5.30pm at Surf Beach
Designed for beginners aged 8-14yrs
$140 for 8 consecutive weeks starting Monday 9 February 2015
All equipment provided!

JUNIOR RUGBY REGISTRATION 2015

The Broulee Dolphins Rugby Union Club is looking for new junior players aged U10 through to U18 for the 2015 season.
Training is at Captain Oldrey Park Tuesdays & Thursdays.
Teams play on Saturdays in the graded ACTJRU competition, home and away, over terms two and three.
Junior rugby is a game for all sizes and abilities, our coaches are all Smart Rugby trained and our programs are supported by Brumbies Rugby.
For more information and registration please visit www.dolphinsrugby.com or call Karyn Starmer 0427522227
REGISTRATION DAY!

... is coming up very fast we will be holding a one day only rego day on Sunday 15 February 2015 from 10:00am - 03:00pm at the Soccer Grounds. We will have nets up and the mini field nets up for a come along and have a kick session. There will also be a sausage sizzle for the kids.

In the next couple of days we will have our registration packages up and ready for online registration through the my football club website http://www.myfootballclub.com.au/ copy then paste the link to your web browser, click on players and select register. If you don't know your FFA number there are links to help you. Registration fees are very similar to last year and you can use the my football club link to pay online. Cash will only be taken on the registration day so bring your money. Anyone that has not paid past years fees will not be able to register - the club cannot sustain the outstanding rego fees so please pay on the day you register. We have bank account details to make an online transfer.

Remember NO PAY - NO PLAY

****** We are still looking for a Canteen manager, grounds manager and other committee members along with coaches. To encourage people to volunteer we are advertising that Committee members and coaches will have their child or their own registrations at half price! now that's a bargain!!!******

KAILEIGH’S BUCKET LIST GALA FUNDRAISER

Come along and be a part of this magnificent event.
Fantastic auction items, raffle and lucky door prize giveaways.

Date: Saturday 21 February 2015
Time: 7.00pm
Venue: Batemans Bay Soldier’s Club
Tickets: $25 per person
Dress: Semi-Formal

In honour of Kaileigh we’re asking all ladies to wear their red

Entertainment and light supper provided.

Proceeds raised will go to Kaileigh’s Kitchen in Kenya and Kaileigh’s dream to Open an Orphanage #36
The Fryer family thank everyone for their support.

Tickets essential, pre-purchase from the Batemans Bay Soldier’s Club.
Singing Lessons
Stage presence, vocal projection, confidence, theoretical concepts, articulation, pitch, harmonising and aural recognition.

About Alyssa Jane
My name is Alyssa Louttit, I have over eight years experience in singing, songwriting and performing. I studied a Bachelor of Contemporary Music in Lismore at Southern Cross University and completed this degree in September 2013. I am passionate about encouraging young students to excel themselves musically; targeting both their strengths and weaknesses, preparing them for a future in music. Catering for ages 8 years to 16 years.

Singing Packages
30 minutes @ $25 Per Lesson
60 minutes @ $50 Per Lesson

Upfront School Term Payment Packages (10 weeks)
10 x 30 minute lessons @ $235.00 ($15 discount!)
10 x 60 minute lessons @ $460.00 ($40 discount!)

0415 567 439
alyssa_jane_louttit@hotmail.com
https://www.facebook.com/alyssalaneMusic

Batemans Bay Tigers Registration Day 2015
It’s that time again! If you would like to register for the 2015 Season please come down to Mackay Park on Thursday 12 February at 6.00pm.
Alternatively, new and old registrations can be done online at www.bayjuniortigers.sportingpulse.net

There is a new paediatric Occupational Therapy clinic in the Eurobodalla. Further details are available on their website:
www.icantherapycentre.com.au

NAB AFL Auskick is running at your local footy club now!
Where: Mt Gravatt JFC
When: First session and sign on Monday 16th February
Time: 3:30-4:30pm
Length of program: 6 weeks*
Cost: $70

When you participate in Auskick you also receive your very own football, draw string bag and much more!

For more information call 3394 2198

I Can ...

Therapy Centre

*Length of program is subject to change.